

TRAINING CHECKLIST FOR SELF-CANNULATION

FISTULA:

- Look at fistula for redness, swelling, tenderness, abnormal drainage or bruising.
- Look for last puncture sites.
- Feel for a pulse (thrill) and listen for a buzzing sound (bruit).

BEFORE STICKING FISTULA:

- Wash hands and fistula arm with anti-bacterial soap and water.
- Select sites to stick: Look for straight and smooth vein.
- Gather all supplies.
 - cleansing solution
 - tourniquet
 - needles
 - clamp
 - tape
- Clean fistula with Betadine or 2% chlorhexidine.
- Put on tourniquet.

STICKING THE FISTULA:

- Open the needles.
- Remove protective cover (keep needles clean).
- Hold needle by wings, needle pointed down, bevel up, and at a 25-degree angle.
- Look for blood movement in tubing.
- Tape with Chevron to secure needle.
- Release tourniquet.

Trainer Signature: _____

Patient Signature: _____

Date: _____