



# WHY WORK?

**Consider the following incentives for continuing to work while you are on dialysis:**

- ✓ Increased independence
- ✓ Social opportunities
- ✓ Higher income to pay bills and be involved in activities
- ✓ Higher self-esteem
- ✓ You are less likely to become depressed
- ✓ Fewer barriers to healthcare, such as paying for medicines or medical co-pays
- ✓ People who remain active in work are more likely to be transplanted and to keep their transplants longer
- ✓ Insurance coverage

**Talk with your dialysis social worker about how you can continue to maintain an active lifestyle.**

## RESOURCES:

- ✓ Western Pacific Renal Network  
1-800-232-3773 or [www.esrdnet17.org](http://www.esrdnet17.org)
- ✓ Life Options Rehabilitation Program  
1-800-468-7777 or [www.lifeoptions.org](http://www.lifeoptions.org)
- ✓ Social Security Administration  
1-800-772-1213 or  
[www.socialsecurity.gov/work](http://www.socialsecurity.gov/work)
- ✓ Vocational Rehabilitation state or territory office *see social worker*
- ✓ Dialysis Facility Compare [www.medicare.gov](http://www.medicare.gov)

