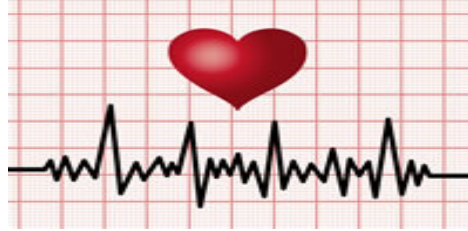


# PROTECT YOUR LIFELINE



## Tips to prevent problems with your **Dialysis Access...**

### **Look** for signs of infection

- Redness
- Swelling
- Tenderness
- Fever
- Feeling rundown



**\*\*Report any of these signs to your health care team immediately.**

### **Feel** the blood flow in your access everyday

- Thrill-a buzzing feeling when you place your fingers on your AV Fistula or Graft.
- Weakening “thrill” or “buzz” may indicate developing problems with your access. Report this to your health care team as soon as possible.

### **Monitor** venous pressure every treatment

- Increase in venous pressure during treatment may indicate narrowing and that clotting may occur soon.
- Ask a staff member for a Venous Pressure Tracking Form to record your venous pressure every treatment.



### **Listen** to your access “bruit” everyday

- Bruit-a sound you can hear if you place your ear against your vascular access or through the use of a stethoscope.
- A high-pitched sound may indicate a narrowing or a developing stenosis. Report this to your health care team immediately.

